

MOTION BY SUPERVISOR DON KNABE

August 18, 2015

The Countywide Fitness Challenge “*Chill Out*” event to be held at Dockweiler State Beach on August 29 ought to be a fun-filled event for all County employees who attend. Ocean-related activities, such as boogie boarding and ocean safety, are two of the activities that have been arranged by the Department of Human Resources, the Fire Department’s Lifeguard Division, and the Department of Beaches and Harbors, as well as sand games, power walks, yoga, intro Zumba classes, and much more. And, as has occurred throughout the summer, the County’s employee health care providers and, specifically, this event’s sponsor, Kaiser Permanente, will be on hand with healthy snacks and free giveaway drawing prizes.

In conjunction with this event, the Department of Beaches and Harbors will be holding its “DBH Fitness Day” for Department employees and their families, which will extend beyond the hours of the Countywide event and include additional food, activities and prizes just for Beaches and Harbors employees. Having this event in conjunction with the Countywide event was felt to be a fitting way the Department could recognize its employees at the end of this extremely busy summer season, while also boosting participation amongst Department employees in the overall endeavor to promote active and healthy lifestyles.

-M O R E-

MOTION

SOLIS _____

RIDLEY-THOMAS _____

KUEHL _____

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ANTONOVICH _____

Pursuant to County Code section 5.40.097, Board approval for departmental incidental expenses above \$500 per occasion must be secured. The Department of Beaches and Harbors anticipates incurring up to \$750 on incidentals in connection with the extended "DBH Fitness Day" for participating Beaches and Harbors employees and their families.

I, THEREFORE, MOVE that the Board of Supervisors authorize the Director of the Department of Beaches and Harbors to incur up to \$750 in incidental expenses in connection with the Department's "DBH Fitness Day" to be held in conjunction with the Countywide Fitness Challenge "*Chill Out*" event to be held on August 29 at Dockweiler State Beach.

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